

DOCTOR OF PHILOSOPHY IN EDUCATIONAL PSYCHOLOGY- COUNSELING PSYCHOLOGY
(This program is only available on the Mountain Campus in Flagstaff, Arizona)

Program Philosophy

There is a growing need in our society to train counseling psychologists to facilitate effective personal and interpersonal functioning in a variety of settings with diverse persons having varied problems and needs. Our doctoral program reflects a training curriculum that is sequential, cumulative, and graded in complexity.

At the core the counseling psychology training program at Northern Arizona University is the integration of theory, research, and practice. We believe that this core is best realized using a scientist-professional training model that includes a systematic analysis of human behavior, careful applications of best practice, and a methodical evaluation of the effectiveness of these applications.

We emphasize assessment and intervention strategies that focus on assets and strengths as an individual experiences adjustment and remedial problems in life regardless of the person's level of cognitive, emotional, or behavioral functioning. An individual's adjustment and remedial problems are more fully understood using comprehensive measures incorporating perspectives of: (a) life-span development and transitions, (b) person-environment interactions, (c) individual and cultural diversity, and (d) client empowered decision-making. Our faculty promotes the optimal development of individuals, families, groups, and environmental systems using empirically supported interventions that include relatively brief counseling approaches, prevention, consultation, psycho-education, and career-development. Our program philosophy is consistent with the unifying themes of counseling psychology articulated by the Council of Counseling Psychology Training Programs (Murdock, Heesacker, Alcorn, & Stoltenberg, 2003) and Gelso and Fretz (1992).

References

- Gelso, C. J., & Fretz, B. R. (1992). *Counseling psychology*. San Diego, CA: Harcourt, Brace, & Javanovich, Inc.
- Murdock, N., Heesacker, M., Alcorn, J., & Stoltenberg. (2003). *Model training program in counseling psychology*. Retrieved February 3, 2003, from the Council of Counseling Psychology Training Programs Web site: <http://www.lehigh.edu/ccptp/model.htm>.

Program Goals and Objectives

- 1 To prepare psychologists who have a comprehensive foundation in the core and foundational areas of psychology. Students will acquire and demonstrate knowledge competencies in:
 - 1.1 biological bases of behavior.
 - 1.2 cognitive and affective bases of behavior.
 - 1.3 social aspects of behavior.
 - 1.4 history and systems of psychology.
 - 1.5 human development.

- 2 To prepare psychologists who use ethical decision-making and responsible professional behavior and apply best practices in counseling psychology assessment, intervention, follow-up, and evaluation when working with individuals, families, groups, and organizations, while demonstrating interpersonal and cross-cultural sensitivity. Students will acquire and demonstrate knowledge and skill competencies in:
 - 2.1 professional standards and ethics.
 - 2.2 theories and methods of psychological measurement.
 - 2.3 assessment and interventions related to a person's assets and strengths
 - 2.4 effective interventions including evaluating their efficacy.
 - 2.5 individual and cultural diversity.
 - 2.6 dysfunctional behavior or psychopathology.
 - 2.7 time-limited interventions.
 - 2.8 person-environmental interactions.
 - 2.9 educational and career development theory and practice.

- 3 To prepare psychologists who have thorough knowledge and skills in analytical and quantitative methods to effectively consume and generate empirical evidence associated with counseling psychology theory and practices. Students will acquire and demonstrate knowledge and skill competencies in:
 - 3.1 research methodology.
 - 3.2 techniques of data analysis.
 - 3.3 understanding the influence of professional practice on the science of psychology.
 - 3.4 the application of research methodology and techniques of data analysis during each year of training.
- 4 To prepare psychologists who demonstrate the ability to train others in the content and skill areas of counseling psychology and provide effective prevention, psycho-education, and consultation methods with individuals, families, groups, members of environmental systems, and other professionals. Students will acquire and demonstrate knowledge and skill competencies in:
 - 4.1 pedagogical theory and methods.
 - 4.2 theories and techniques in prevention and psycho-education.
 - 4.3 theories and practice of consultation and supervision.
- 5 To prepare psychologists who integrate theory, research, and practice and apply their expertise in a variety of settings with diverse persons having varied problems and needs. Students will acquire and demonstrate the knowledge and skill competencies in:
 - 5.1 applying scientific theory and methods to assessment, intervention, training, prevention, psycho-education, and consultation.
 - 5.2 integrating psychological theory, research, and practice in applied settings during each year of training.

Degree Requirements

For this degree, you must complete 109 semester hours beyond the bachelor's degree and have a master's degree. The degree minimally requires two years of full-time equivalent coursework post-masters, a preliminary examination, comprehensive examinations, a one year internship (2000 hours), and completion of a dissertation. This is a Flagstaff-based program and most of the necessary coursework is available only in Flagstaff during fall and spring semesters. You must complete at least two consecutive semesters of full-time residency during fall and spring semesters.

Affirmative Action and Equal Opportunity

Faculty and staff of the Department of Educational Psychology at Northern Arizona University actively recruit men and women from culturally and ethnically diverse life experiences and backgrounds. We are seeking students who are interested in collaborating with faculty in serving the needs of an increasingly multicultural society as part of their teaching, research and practice interests. Our programs are designed to provide the highest quality educational experience for all students. Although the admission review process is competitive, program faculty conduct a multifaceted review of each applicant's materials. Consideration is given to each applicant's strengths as a whole person, with no "cut-off" scores for any single criterion.

Northern Arizona University maintains a strong commitment to affirmative action and equal opportunity in our admission, employment, and educational plans and activities. For a complete description of this policy, visit: <http://www4.nau.edu/aio/AcademicCatalog/academiccatalogs.htm>

Steps in Program Admission

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| <p>1. Complete the online combined (Graduate College and Department) application at: http://www.applyweb.com/apply/northazg/</p> |
| <p>2. Submit official transcripts from all previous universities attended to: Graduate College, Box 4125, NAU, Flagstaff, AZ 86011-4125.</p> |
| <p>3. Submit 3 form letters of recommendation to the EPS Office at: EPS Dept, Box 5774, Flagstaff, AZ 86011-5774. Recommendation forms can be obtained by writing to the EPS office or by visiting the department's website at http://coe.nau.edu/academics/EPS and clicking on Applications. All recommendation forms must be received by the application deadline.</p> |
| <p>4. Submit an official report of scores on the General Test of the Graduate Record Examination to the Graduate College at Northern Arizona University by the application deadline and use the following codes: Institution code: 4006, Department code: 3403. <u>GRE Scores must be no more than six years old at the time of application.</u></p> |

<i>Contact Information</i>	
Northern Arizona University Graduate College Box 4125, Flagstaff, AZ 86011-4125. Telephone: (928) 523-4348 E-mail: Graduate.College@nau.edu Website: www.nau.edu/gradcol	Department of Educational Psychology Box 5774, NAU, Flagstaff, AZ 86011 Telephone: (928) 523-7103 Fax: (928) 523-9284 Email: eps@nau.edu Website: www.coe.nau.edu/academics/EPS

Admission Deadlines

Completed application files are reviewed and admission decisions are made once each year. All application materials must be received in the Educational Psychology Department, COE Box 5774, Flagstaff, AZ 86011-5774 by **January 15** to be reviewed. Admission decisions are made by the first week of March and students receive notification of this decision by mail. It is the student's responsibility to ensure that his or her application file is complete. Incomplete files are not reviewed.

Application Review Process

The materials in the applicant file are evaluated by faculty using an objective, multi-criteria system. Points are assigned for each applicant using the following weighted percentages associated with each criteria:

- (a) 60% **Academic Aptitude for Graduate Study** (GRE scores and GPA),
- (b) 15% **Life Experiences** (autobiographical questions),
- (c) 7.5% **Work Related Experiences** (relevant paid and volunteer work),
- (d) 7.5% **Potential to Contribute to Profession and Program** (professional activities and letters of recommendation),
- (e) 10% **Goodness of Fit to the Program** (areas of focus congruency, fit to COE mission, and professional characteristics)

Each applicant is ranked within the applicant pool after points have been assigned. ***Highly-ranked candidates will be invited to participate in an on-campus/telephone interview.*** Interviews will generally be held during the second week of February. Up to 5 persons are offered admission each year. These individuals must begin the program during the subsequent summer of fall semesters. Individuals unable to begin at this time must re-apply to the program.

Professional Code of Ethics and Licensure Guidelines

Students in this doctoral program should follow the professional code of ethics and licensure guidelines established by the following two organizations:

American Psychological Association, Inc.
750 First Street, NE
Washington, DC 20002-4242
(202) 336-5500
<http://www.apa.org/>

State of Arizona Board of Psychologists Examiners
1400 West Washington, Suite 235
Phoenix, AZ 85007
(602) 542-8162
<http://www.psychboard.az.gov/>

Program Costs and Financial Resources

For more information on tuition and fees, please visit the bursar's website at <http://www4.nau.edu/bursar/fees.htm>. To access information on financial resources for graduate students, please visit the following website: http://coe.nau.edu/academics/eps/finaid_res.php

Program Reports

Information on program admission rates, time taken to complete the program, retention rates, and data on internships is available at the following website: <http://coe.nau.edu/academics/eps/>. For information regarding student learning outcomes and expectations, and assessment of these outcomes, visit the NAU Office of Academic Assessment website at: <http://www4.nau.edu/assessment/>

Counseling Psychology Faculty Contacts

Core Faculty

Dr. Gene Moan, Professor & Director of Training (928) 523-9604 or email: Eugene.Moan@nau.edu

Dr. William E. Martin Jr., Professor (928) 523-6757 or email: William.Martin@nau.edu

Dr. Tom DeStefano, Professor (928) 523-6302 or email: Thomas.DeStefano@nau.edu

Dr. Tim Thomason, Associate Professor (928) 523-1341 or email: Timothy.Thomason@nau.edu

Dr. Susan Longerbeam, Assistant Professor (928) 317-6131 or email: Susan.Longerbeam@nau.edu

Dr. Lori Pashnik, Assistant Professor (928) 523-3952 or email: Lori.Pashnik@nau.edu

Dr. Ramona Mellott, Professor and Dean of Graduate College (928) 523-6534 or Email: Ramona.Mellott@nau.edu

Associated Faculty

Dr. Joyce DeVoss, Associate Professor (520) 323-3191 or email: Joyce.DeVoss@nau.edu

Dr. Lakota Lynn Brown, Associate Professor (928) 493-2747 or email: Lakota.Brown@nau.edu

Dr. Y. Evie Garcia, Associate Professor (602) 728-9510 or email: Y.Evie.Garcia@nau.edu

Dr. Sherri McCarthy, Associate Professor (520) 317-6411 or email: Sherri.McCarthy@nau.edu

Dr. Ade Santana, Associate Professor (520) 523-0631 or email: Adelaida.Santana@nau.edu

Dr. Pit Kolodinsky, Associate Professor (928) 317-6131 or email: Pit.Kolodinsky@nau.edu

Dr. William Huffman, Clinical Associate Professor (928) 523-7103 or email: William.Huffman@nau.edu

Prerequisites

Please review the online catalog for selected courses where prerequisites are required. Please check with the department or a faculty advisor if you have questions regarding prerequisites.

Program of Studies Policies

The attached program of study is the agreed upon plan between the student and faculty advisor on completing program requirements. It is used as a verification document when the student applies for graduation. The student should complete the program of study with his or her advisor during the first semester of graduate work. The original, signed program of study should be given to the Department Chair to be placed in the student's file in the Educational Psychology Department and copies should be kept by the student and advisor. Amendments with advisor approval can be made to the program of studies during the student's course of study. The time line policy and residency policies for a Doctoral degree can be viewed online through the Graduate College Catalog at: <http://home.nau.edu/gradcol/>



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Doctor of Philosophy in Educational Psychology - Counseling Psychology**PROGRAM OF STUDIES**

Student's Name _____ NAU ID _____

Advisor _____ Date _____

Course #	Course Title	Where Taken	Date Taken	Hrs	Transfer/Equivalent Course
I.	Psychological Foundations (21 hours required)				
A.	<i>History and Systems of Psychology (3 hrs required)</i>				
* PSY 675	History of Psychology				
B.	<i>Biological Bases of Behavior (3 hrs required)</i>				
PSY 670	Psychopharmacology Pre-req.: PSY 350 or 650 or instructor's consent				
* PSY 650	Physiological Psychology Pre-req.: PSY 350 or PSY 561				
PSY 655	Theories of Perceptions Course in physiological psych. recommended				
C.	<i>Cognitive – Affective Bases of Behavior - (3 hrs required)</i>				
PSY 620	Theories of Learning Undergrad. course in Learning recommended				
PSY 621	Cognitive Processes Undergrad. course in Learning & Perception recommended				
D.	<i>Social Bases of Behavior (3 hrs required)</i>				
EPS 661	Group processes Pre-req.: EPS 601, 660 & admission to EPS program requiring this course				
* PSY 635	Social Psychology				
PSY 677	Theories of persistence and change				
SOC 612	Sociology of Education				
SOC 641	Theories of Deviance				
SOC 642	Theories of Social Control				
ANT 528	Anthropology of Education				
ANT 638	Psychological Anthropology				
E.	<i>Individual Behavior (9 hrs required)</i>				
EPS 610	Child Psychology Prereq.: EPS 580 is recommended				
EPS 611	Adolescent Psychology Prereq.: EPS 580 is recommended				
EPS 612	Adult Psychology Prereq.: EPS 580 is recommended				
EPS 701	Seminar in Early Child Development Pre-req.: EPS 610 is recommended				
EPS 702	Seminar in Developmental Disabilities				

Course #				Course Title	Where Taken	Date Taken	Hrs	Transfer/ Equivalent Course
	*	PSY	610	Personality Theory Undergrad. Course in Personality recommended				
	*	EPS	680	Assessment and Diagnosis Prereq. Or Coreq.: EPS664; plus bkgrd in personality theory or abnormal psych.				
II. Educational Foundations (6 hours required)								
		EDF	630	Foundations of Educational Law				
		EDF	670	Philosophy of Education				
		EDF	671	History of American Education				
		EDF	672	Comparative Education				
		EDF	673	International Education				
		EDF	677	Educational Sociology				
		EDF	703	Sociological Foundations of Education				
		EDL	723	Publicity & Politics of Education				
	*	EPS	712	Foundations in Learning Pre-req.: EPS 605 or PSY 621				
		EPS	720	Seminar in Learning Pre-req.: EPS 605 or EPS 712				
III. Counseling Psychology Specialization (58 hours required)								
	A.	<i>Professional Ethics and Standards (4 hrs required)</i>						
	*	EPS	670	Professional Ethics, Legal Standards and Responsibilities				
	*	EPS	698	Graduate Seminar: Doctoral Orientation (1 credit hour)				
	B.	<i>Assessment (9 hours required)</i>						
	*	EPS	664	Tests and Measurements Pre-req: EPS 525 or Co-req: EPS 625				
	*	EPS	673	Psychoeducational Assessment I Pre-req.: EPS 664 & admission to an EPS grad. prog. requiring this course				
	*	EPS	737	Psychodiagnostics I Pre-req.: EPS 591 or PSY 610 & admission to an EPS grad. prog. requiring this course				
		EPS	738	Psychodiagnostics II Pre-req.: EPS 591 or PSY 610, EPS 664 and admission to an EPS grad. prog. requiring this course				
		EPS	753	Neuropsychological Assessment Pre-req.: EPS 673 and PSY 650				
	C.	<i>Interventions (33 hours required)</i>						
		EPS	590	Drug and Alcohol Abuse				
	*	EPS	601	Theories of Counseling				
	*	EPS	620	Vocational Counseling & Career Development				
	*	EPS	621	Marital Counseling & Family Systems Pre-req.: EPS 601 and admission to an EPS grad. prog. requiring this course				
		EPS	622	Child & Adolescent Counseling Pre-req.: EPS 601 and admission to an EPS grad. prog. requiring this course				

Course #				Course Title	Where Taken	Date Taken	Hrs	Transfer/ Equivalent Course
*	EPS	660	Counseling Processes Pre-req.: EPS 601 and admission to an EPS grad. prog. requiring this course					
*	EPS	690	Multicultural Counseling Pre-req.: EPS 601 and co-req: EPS 660					
*	EPS	692	Counseling Practicum Pre-req.: EPS 601, 660, and 670 and admission to an EPS grad. prog. requiring this course					
*	EPS	722	Advanced Counseling and Psychotherapy Pre-req.: EPS 692					
*	EPS	740	Doctoral Practicum in Professional Practice (to be taken for 6 credits) Pre-req.: EPS 661, EPS 670, EPS 737, and EPS 692					
*	EPS	796	Doctoral Internship (6 hours required)					
D.	<i>Consultation, Program Development & Evaluation, Supervision (9 hours required)</i>							
*	EPS	671	Consultation in Helping Profession					
*	EPS	750	Counseling Supervision Pre-req.: EPS 740					
*	EPS	764	Administration and Evaluation of Psychological services Pre-req.: EPS 670 and admission to doctoral prog. in Ed. Psych					
	SOC	656	Program Evaluation					
	EPS	705	Policy and Practices in Early Interventions					
IV. Research Block (24 hours required)								
*	EPS	624	Computer Statistics Pre-req.: EPS 525 or EPS 625					
*	EPS	625	Intermediate Statistics Pre-req.: EPS 525					
*	EPS	725	Multivariate Statistics Pre-req.: EPS 525 or EPS 625					
*	EPS	599	Research Paradigms in Educational Psych.					
	EDR	720	Research Design					
*	EPS	798	Dissertation Seminar					
*	EPS	799	Dissertation (9 hours required) Pre-req: Admission to an EPS doctoral program					

*required

STUDENT: _____ ADVISOR: _____

DATE PREPARED: _____

Semester/Yr.

Student plans to take Preliminary Examination _____

Student plans to take Comprehensive Examinations _____

APPROVED: Program Committee

PROGRAM CHAIR

DATE

MEMBER

DATE

MEMBER

DATE

DEPARTMENT CHAIR

DATE

Program of Studies Work Sheet

Name of Student: _____

Please use worksheet to plan courses by semester (e.g. Fall 2000
EPS 698
EPS 625, etc.)

FALL _____

SPRING _____

SUMMER _____

FALL _____

SPRING _____

SUMMER _____

FALL _____

SPRING _____

SUMMER _____

FALL _____

SPRING _____

SUMMER _____

FALL _____

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